



Orange UMYF 2010 Ski Retreat



DEPARTURE: FRIDAY, Jan. 22 - arrive at the church @ 5:15

RETURN: SUNDAY, Jan. 24 between 4:30 & 5pm

LODGING: Valle Crucis Conference Ctr (828) 963-4453

SKI RESORT: Sugar Mountain, Boone, NC

WHAT TO BRING:

__your Bible

__food & drink for Friday evening - eat on the road while we travel.

__comfortable clothing for traveling & lounging at Valle Crucis

__Ski clothing (dress in layers that can be removed if day warms up - see below)

__toiletries

__money for extra snacks & candy at the Candy Barrel. (We stop for candy before we return on Sunday)

GUYS - TWO 2-liter bottles of your favorite beverage

GIRLS - a SNACK (chips, cookies, homemade goodies, etc.)

** (These drinks and snacks will be shared with the entire group throughout the weekend. Bring these items separately to be packed into one large container for traveling) **

ALL bed linens and towels are provided by Valle Crucis



Ski Clothing:

Goggles - suggested but not a must - useful if conditions are windy & snowy or if they are blowing snow. Sunglasses are a possible substitute.

Ski bibs - this is a must for an enjoyable day on the slopes. They help to keep you warm AND dry.

Jacket - a warm, preferably waterproof jacket is necessary.

Ski Gloves - another necessity. These should be waterproof and well insulated. (ALSO: a cheap pair of 'stretchy, one-size-fits-all' gloves work well as a liner in the ski gloves and will keep your hands warm when having to remove the bulky ski gloves to do things like zip a jacket)

Hat - Frozen ears HURT! Hats also keep you head dry if it rains or they are blowing snow. No scarves. Though quite stylish, they are not safe on a ski slope because they can get caught in the chair lift.

Socks - one pair of non-ribbed, medium-weight socks, preferably non-itch wool. (an extra pair of socks are not needed for ski boots and can hurt feet more than help)

Lip Balm - your lips will thank you!

Dress in layers - thermal (non-cotton) top and bottoms, turtleneck, sweatshirt or sweater. No skiing in jeans. You want to avoid 100% cotton clothing next to your skin if possible. If you sweat at all, it will hold the moisture next to you and you will be cold.

Any questions, contact Debbi Conlon - 336-213-3291 or Jennings Berry - 265-7199



OUMC 2010 Ski Trip

Sugar Mountain Ski Resort/ Valle Crucis Conference Center

COST COMPUTATION SHEET

For

_____ (name)

Below is a break down of the various costs for the ski trip. Please identify the items that apply to you, fill in the associated costs, and total the amount owed/paid. Use the information to compute the balance you owe. **Upon completion of this form, please attach a check payable to ORANGE UMC YOUTH for the balance due.**

\$ _____ Lodging and 5 meals @ \$150

\$ _____ Lift Ticket @ \$50

\$ _____ Ski and boot rental @ \$17

\$ _____ Snowboard and boot rental @ \$25

\$ _____ Bib rental @ \$7 Size needed: S M L XL

\$ _____ Jacket rental @ \$8 Size needed: S M L XL

\$ _____ Two hour group lesson for OUMC members only @ \$28

NOTE: First time skiers or snowboarders MUST take a lesson! It's for your safety & mine!

\$ _____ TOTAL costs – Add all the expenses that apply to you

\$ _____ Less deposit paid of \$ _____ and/or \$ _____ used from fund raising account

\$ _____ BALANCE DUE (make check payable to ORANGE UMC YOUTH and indicate 'ski trip' in memo)